

Cascadia Quest



June 4 - 10, 2012

Okanogan-Wenatchee National Forest,
Eastern Washington

Guides: Ann Linnea, Christina Baldwin & Deborah
Greene-Jacobi

In response to numerous requests PeerSpirit is offering its fourth annual wilderness quest **for both men and women**. If you are seeking to mark a transition in your life, to reconnect with your inner wisdom, or

to clarify a life situation, we invite you to join us in the beautiful forested lands of the eastern Cascade Mountains. Using Skaltitude's off-the-grid retreat center as a base camp, the group will prepare for a 48-hour solo by learning the traditional quest practices of wilderness solitude, fasting, council, and ceremony.

Participants will provide their own equipment (list provided) for the solo time. All food will be provided. No prior camping experience is required. Hiking and other movement at this 3,000 ft. elevation will not be strenuous.

DATES: June 4-10, 2012

COST: \$1075 (includes everything on site)

REGISTRATION: Limited to 12 men and women age 21 and over

LOCATION: Okanogan-Wenatchee National Forest on the eastern slope of the Cascade Mountains near Carlton, WA (4.5 hr. drive from Seattle, 3.5 hr. drive from Spokane)

DEPOSIT: A non-refundable deposit of \$300 holds your place. We have a limited amount of funds available for scholarship.



Deb, Christina and Ann

Ann Linnea of PeerSpirit is a wilderness guide with four decades of experience. Through a lifetime of wilderness work and fifteen years of bringing the wisdom of council into the mainstream, Ann has developed a deep-seated belief that true, internal, systemic change is facilitated by extended immersion in the natural world in the creative company of peers. Ann is a certified Wilderness First Responder and a member of the Wilderness Guides Council.

Christina Baldwin is a guide to the inner life through journal writing and personal story. She is passionate about nature, wildness, and helping people sit with the earth and receive instruction, inspiration, and direction. She and Ann co-founded PeerSpirit circling, which, along with the quest's own ancient ceremonies, will provide the social and spiritual container for the journey of these days.

Deborah Greene-Jacobi, M.S., has been a dedicated educator for over 35 years. She has trained with the School of Lost Borders and is certified in Wilderness First Aid. Deb is a member of EarthWays, a collective of wilderness guides in Sonoma County, CA.

Register through PeerSpirit, Inc. (360-331-3580, www.peerspirit.com).

For more information, contact Ann Linnea at linnea@peerspirit.com.

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